

#### Office of New Mexico Attorney General



Attorney General
HECTOR BALDERAS





Welcome Cien **Aguas International** School! Thank you for hosting the **New Mexico** Attorney General

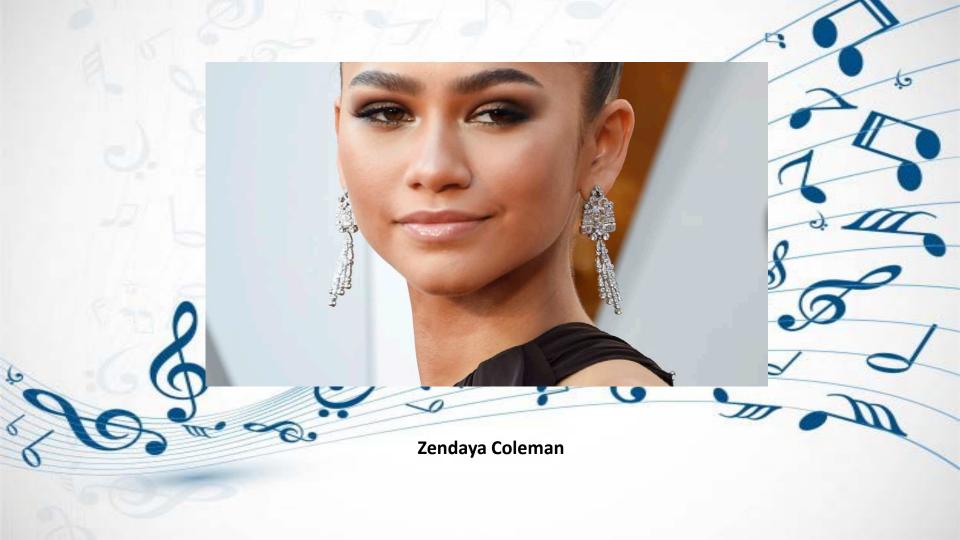
Can you guess what all these people have in common?



Lady Gaga

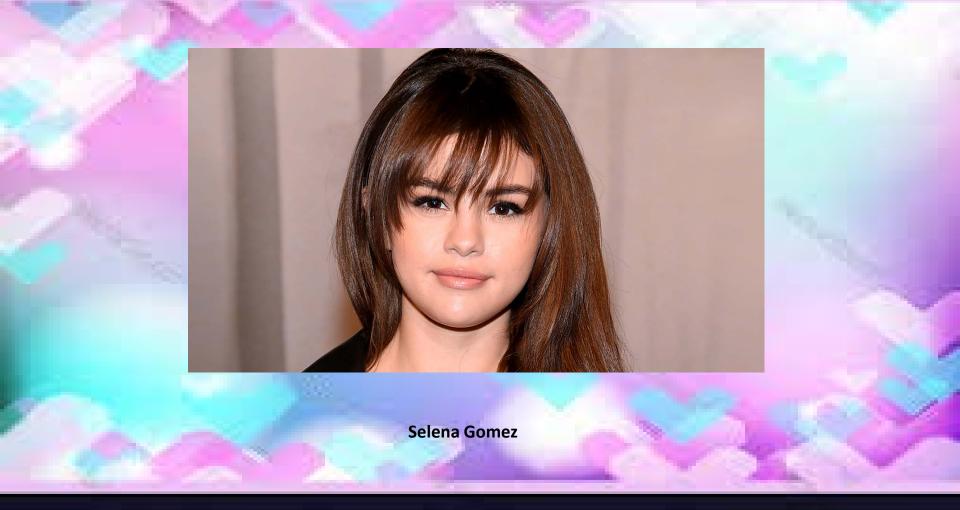
Rebecca Sedwick

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Jamey Rodemeyer





VectorStock.com/17143059

## What is Cyberbullying?

Sending insults or threats via text messaging or social media. Spreading rumors for the purpose of damaging a person's reputation.

Pretending to be someone you are <u>not</u> online. Posting a picture of your new puppy.

## What is Cyberbullying?

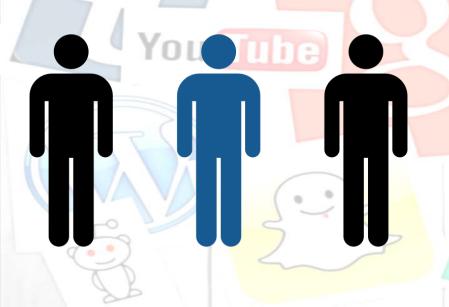
Posting an unflattering or embarrassing picture or video of another person. Discussing a movie you just saw.

### Sharing about your day.

Spreading sexually suggestive pictures or messages about another person.

## Cyberbullying

1 out of 3 teens have been cyberbullied.



#### What's the big deal?

+Cyberbullying has the ability to reach a wide audience with the single click of a mouse or the send button on a mobile phone.

+It is very difficult to defend oneself from cyberbullying as the perpetrator is often anonymous.

+Victims of cyberbullying experience higher levels of anxiety and school absences, and lower levels of self-esteem.

## **Consequences of Cyberbullying**

#### Not a Rite of Passage

In most states, bullying <u>and</u> cyberbullying are against school policy and state law.

#### At school:

 Not allowed to participate in certain school activities

Suspension

## Legally you may face charges:

 You could be criminally charged with harassment or stalking



#### Long-term implications:

It could limit your ability to receive certain scholarships or secure certain jobs

# What to do if it happens to you...

#### Know that it is NOT your fault!

Don't respond.

Save evidence.

Block the perpetrator.

Ask for help.

Use tools within the app/website.

Protect your accounts.

If someone you know is being bullied, take action!

Just being there for someone can sometimes bring hope when all seems hopeless.

-David G. Llewelly

## THE INTERNET IS THE NEW VEHICLE FOR ABDUCTION

## FREECANDY













#### Why Did I Send That Picture?

Teens sext to flirt, impress a crush or because they're blackmailed

Everyone is doing it!

20 – 30 percent of teens have sent or received a "sext"

G Log in with Faceb

#### **No Taking It Back!**

- 🗯 Embarrassment
- Humiliation
- Loss of Relationships
- 🗯 Bullying
- ÓbjectificationDepression



## Is It Worth It???

#### Punishment at School

**Criminal Charges** 

Could be labeled a Sex Offender





#### "Predators Prey Where You Play"



72% of teens (ages 13-17) play video games

1 out of 2 of these teens have made new friends online

1 out of 3 of those teens met friends while playing video games



## The TMI Epidemic

# The TMI Epidemic

39% of teens have never changed their privacy setting on social media

14% of teens have publicly posted their complete home address for anyone to see

Nearly 50% of teens have regretted something they have posted online



# TMI Solutions

#### If you wouldn't want your grandmother to see it, don't post it online. Post abou

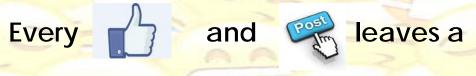
Pause and think before you share.

Post about what you did, not what you are doing.

Venspired.com

Treat passwords like toothbrushes, don't share and change often.

## Don't Trip Over Your Digital Footprint



digital footprint.



A status update of 140 characters is all it takes to seriously offend others or damage your reputation.



NM Office of the Attorney General 505-717-3500

IF YOU SEE SOMETHING, SAY SOMETHING